VOLUNTEER WITH THE UTAH COUNTY CRISIS LINE

Do you have a desire to help others? Need volunteer hours? Do you consider yourself a good listener? Would you like to become a better listener?

Then join our Crisis Line Team and make an immediate impact in someone’s life. Throughout this experience, you will become a better listener, communicator, and gain lifelong skills that will help you in your interactions with others.

As a Crisis Line volunteer, you would be answering calls from people in crisis who need someone to talk to. Your main job is to listen. We will train you on the rest. The training covers both the theoretical and practical aspects of crisis intervention—the theories behind crisis management and the basics of how to take and navigate a call. You will leave the Crisis Line training better prepared to help others when they feel no one else can.

The Crisis Line’s mission is to offer 24-hour compassionate crisis diffusion by acting as a listening agency and referral service for community members struggling with various problems, including stress, relationships, depression, suicide, economic problems, emotional/sexual/physical abuse, and addictions.

We ask for volunteers to commit to the following 4 responsibilities:

- One-time 12 hour orientation training (dates are subject to change)
  - Tuesday October 5th 7:00pm-10:00pm
  - Wednesday October 6th 6:00pm-9:00pm
  - Thursday October 7th 6:00pm-9:00pm
  - Saturday October 9th 9:00am-12:00pm
- 4+ month commitment
- Volunteer for a 3 hour weekly shift and 1 monthly night shift
- Attend monthly team trainings

In addition to completing the 12-hour core orientation training, all Crisis Line volunteers will need to pass a background screening. There is a one-time $20 fee to cover the cost of training materials. If money is a problem, please let us know. We don’t want the money to prevent you from experiencing this enriching opportunity.

Please email or call if you have any questions and if you are interested in volunteering. This is a great opportunity for resume building, volunteer hours, and to be involved in a unique and rewarding service.

Contact Utah County Crisis Line Volunteer Director:
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